

Tropical Carrot salad

This light, fresh salad makes a great summer side dish, light lunch, or healthy snack.

Serves 4

Ingredients

- 1 lb. shredded carrots (I used my food processor to shred them)
- 2 oranges, cut into bite-sized pieces
- 1/3 cup chopped dried pineapple or finely-chopped crystalized ginger
- 1/3 cup shelled pistachios
- 1 medium avocado, skin and seed removed, cubed



Dressing

- 3 tbsp. lime juice (from 1-2 medium limes)
- 3 tbsp. orange juice
- 3 tbsp. extra virgin olive oil
- 1 tbsp. agave nectar
- Salt and pepper to taste

Directions

- 1) Toss together all ingredients for salad in a serving bowl. (Add avocado last so it doesn't get smashed; if you are not serving the salad immediately, cut up and add the avocado at the last minute)
- 2) Whisk together the dressing; pour over the salad, toss, and serve.